

Suprep Preparation Instructions for VCE

READ IMMEDIATELY

A prescription for the Suprep Bowel Prep Kit will be sent to your pharmacy and should be picked up at least 2 days before the procedure.

For **four (4) days** prior to your procedure **avoid** salads, raw fruits & vegetable, nuts and seeds.

If you are a **DIABETIC** or on **blood thinners** (e.g. Coumadin, Plavix), contact our office for specific instructions. If you take aspirin, you may continue to take it. **Stop iron supplements** at least 5 days before the procedure. Take all other medications as usual, including *blood pressure* medications.

DAY BEFORE PROCEDURE

Eat only a **low fiber** breakfast up until **9:00 am**. Then **only clear liquids** allowed from this point up until midnight. **Nothing to eat or drink after midnight.** (Examples of clear liquids: water, carbonated beverages, strained fruit juices, coffee, tea, broth, bouillon, gelatin). **Nothing red in color.** No milk products, alcoholic beverages, hard candy or gum.

At **5:00 pm** pour one (1) 6 oz bottle of Suprep liquid into the mixing container. Add cool drinking water (or lemonade or ice tea) to the 16 oz line on the container and mix. *Drink all of the liquid in the container.* You must drink two (2) more 16 oz containers of just water over the next one (1) hour.

At **9:00 pm** repeat the above steps with the second bottle of Suprep liquid. *Drink all of the liquid in the container.* You must drink two (2) more 16 oz containers of just water over the next one (1) hour.

Hold your morning medications until 2 ½ hours after the Pill Cam is swallowed.

****REMINDER:** If you have a change in insurance coverage you **MUST** notify our office immediately. The facility may collect at the time of your procedure. The doctor's office will bill you. You may also receive additional bills from the lab.

If you need to cancel this test for any reason, we require a 48-hour notice or you may be billed a \$50 fee for failure to keep your scheduled appointment.

******* Any questions please call (585) 720-1550. *******