

Colonoscopy

Clenpiq Preparation Instructions

READ IMMEDIATELY

A prescription for the Clenpiq Bowel Prep Kit will be sent to your pharmacy and should be picked up at least 2 days before the procedure. Do not refrigerate or freeze Clenpiq.

For **four (4) days** prior to your procedure **avoid** salads, raw fruits & vegetable, nuts and seeds.

If you are a **DIABETIC** or on **blood thinners** (e.g. Coumadin, Plavix), contact our office for specific instructions. If you take aspirin, you may continue to take it. **Stop iron supplements** at least 5 days before the procedure. Take all other medications as usual, including *blood pressure* medications.

DAY BEFORE PROCEDURE

CLEAR LIQUIDS ONLY! No solid food is allowed until after your procedure is completed. You may take your medications. (Examples of clear liquids: water, carbonated beverages, strained fruit juices, coffee, tea, broth, bouillon, gelatin). **Nothing red in color.** No milk products, alcoholic beverages, hard candy or gum.

At **5:00 pm** drink one bottle of Clenpiq. Drink the Clenpiq right from the bottle. Then keep hydrating. Drink at least five 8 oz cups of clear liquids. Finish over the next 5 hours.

DAY OF PROCEDURE

Five (5) to Six (6) hours *prior* to your scheduled procedure drink the second bottle of Clenpiq right from the bottle. Then drink at least three 8 oz cups of clear liquids. Finish the liquids 4 hours before your scheduled procedure time. Then nothing more to eat or drink before your procedure.

***** Any questions please call (585) 720-1550. *****