

Sutab Preparation Instructions

READ IMMEDIATELY

A prescription for the Sutab Bowel Prep Kit will be sent to your pharmacy and should be picked up at least 2 days before the procedure. Check website www.sutab.com to print a copay card that will save you money.

For **four (4) days** prior to your procedure **avoid** salads, raw fruits & vegetable, nuts and seeds.

If you are a **DIABETIC** or on **blood thinners** (e.g. Coumadin, Plavix), contact our office for specific instructions. If you take aspirin, you may continue to take it. **Stop iron supplements** at least 5 days before the procedure. Take all other medications as usual, including *blood pressure* medications.

Follow these instructions, not the instructions on the box:

DAY BEFORE PROCEDURE

CLEAR LIQUIDS ONLY! No solid food is allowed until after your procedure is completed.

You may take your medications. (Examples of clear liquids: water, carbonated beverages, strained fruit juices, coffee, tea, broth, bouillon, gelatin). **Nothing red in color.** No milk products, alcoholic beverages, hard candy or gum.

At **5:00 pm** open 1 bottle of 12 tablets. Fill the provided container with 16 oz of water (up to fill line). Swallow each tablet with a sip of water and drink the entire amount of water over 15-20 minutes. (If you become uncomfortable, take the tablets and water slower).

Approximately 1 hour after the last tablet is swallowed, fill the provided container a second time with 16 oz. of water and drink the entire amount over 30 minutes.

Approximately 30 minute after finishing the second 16 oz, fill the container a third time with water and drink another 16 oz. over 30 minutes.

DAY OF PROCEDURE

Five (5) to Six (6) hours prior to your scheduled procedure, open the second bottle of 12 tablets. Fill the provided container with 16 oz of water (up to fill line). Swallow each tablet with a sip of water and drink the entire amount of water over 15-20 minutes. (If you become uncomfortable, take the tablets and water slower).

Approximately 1 hour after the last tablet is swallowed, fill the provided container a second time with 16 oz. of water and drink the entire amount over 30 minutes.

Approximately 30 minute after finishing the second 16 oz, fill the container a third time with water and drink another 16 oz. over 30 minutes.

IMPORTANT: You must use all the tablets and drink at total of 96 oz. of water. You must finish this **4 hours** prior to your scheduled procedure, then nothing more to eat or drink before your procedure.

***** **Any questions please call (585) 720-1550.** *****

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